



NOVEMBER

Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct. 30 – Nov. 3	Breakfast	Cheerios Banana Milk	Grits & Eggs Apple Slices Milk	Cheerios Banana Milk	Waffles w/Strawberry Sauce Milk	Mini Rainbow Muffins Banana Milk
	Lunch	Chicken & Rice Soup Wheat Crackers Garden Salad Milk/Water/Juice	Chicken Nuggets Honey Roasted Carrots Broccoli Dinner roll Milk/Water/Juice	Spaghetti W/ Turkey Meat Sauce Garden Salad Garlic Bread Milk/Water/Juice	Oven Fried Chicken Sweet Peas Rice w/ Gravy	Turkey Hotdog Salad Chips
	Snack	Animal Crackers, 100% Fruit Juice	Apple Sauce Gold Fish 100% Fruit Juice	Graham Crackers Yogurt 100% Fruit Juice	Animal Crackers 100% Fruit Juice	Chips 100% Fruit Juice
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 6 – Nov. 10	Breakfast	Cheerios Banana Milk	Grits & Eggs Toast Milk	Frosted Wheat Cereal Banana Milk	Mini Pancakes w/Blueberries Turkey Sausage Milk	Blueberry Muffins Milk
	Lunch	Black Beans Steamed Rice Collard Greens Wheat Rolls	Fish Sticks Mac N' Cheese Mixed Veggies Wheat Bread	Turkey Chili w/ Beans Tortilla Chips Garden Salad	Chicken Alfredo Garden Salad Peaches Toast	Turkey & Cheese Sandwich Carrot Sticks Applesauce
	Snack	Cheez Its, 100% Fruit Juice	Graham Crackers 100% Fruit Juice	Gold Fish 100% Fruit Juice	Cheez Its Apple Sauce 100% Fruit Juice	Animal Crackers Yogurt 100% Fruit Juice
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 13 – Nov. 17	Breakfast	Cheerios Banana Milk	Grits & Eggs Apple Slices Milk	Frosted Wheat Cereal Banana Milk	Mini Pancakes w/Blueberries Turkey Sausage Milk	Blueberry Muffins Milk
	Lunch	Vegetable Soup PB&J Sandwich Garden Salad	Oven Fried Chicken Sweet Corn Green Peas Dinner Roll	BBQ Turkey Meatballs Mashed Potatoes Green Beans Wheat Bread	Baked Fish Mac & Cheese Broccoli Dinner Roll	Turkey Hotdog Salad Chips
	Snack	Animal Crackers, 100% Fruit Juice	Apple Sauce Gold Fish 100% Fruit Juice	Graham Crackers Yogurt 100% Fruit Juice	Animal Crackers 100% Fruit Juice	Chips 100% Fruit Juice
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 27 – Dec. 1	Breakfast	Cheerios Banana Milk	Grits & Eggs Apple Slices Milk	Frosted Wheat Cereal Banana Milk	Mini Pancakes w/Blueberries Turkey Sausage Milk	Blueberry Muffins Milk
	Lunch	Chicken Noodle Soup Grilled Cheese Sandwich Garden Salad	Baked Chicken Collard Greens Black Eye Peas Cornbread	Spaghetti w/ Turkey Meat Sauce Garden Salad Garlic Bread	Chicken Tenders Cabbage Steamed Carrots Toast	Turkey Wrap Chips Garden salad Mixed Fruit
	Snack	Cheez Its, 100% Fruit Juice	Graham Crackers 100% Fruit Juice	Gold Fish 100% Fruit Juice	Cheez Its Apple Sauce 100% Fruit Juice	Animal Crackers Yogurt 100% Fruit Juice